



Review & Reflection of Local Parenting Education:

What should be taught?

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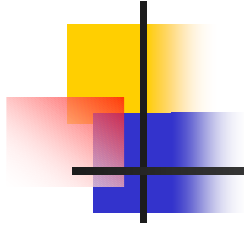
Local Characteristics

- Through talks, groups and programmes
- Mainly done by teachers & social workers
- In schools, social services & welfare settings
- To parents, mainly mothers

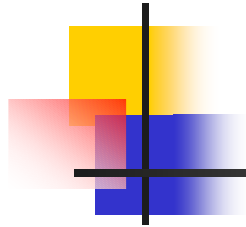


Contents & Focus

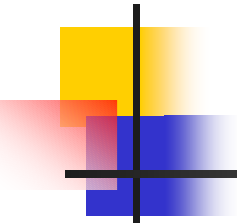
- 1. Teaching parents skills & knowledge to cope with minor behavioral emotional problems of their children
 - Cognitive-Behavioral Parenting Group – helping parents to manage conflicts with their children
 - Systematic Training for Effective Parenting (STEP), Parents Effective Parenting (PET), Positive Parenting Programme, etc.



- 2. Teaching parents skills & knowledge to improve communication & interaction with children
 - Open communication
 - Conflict management
 - Listening, I-Message, Feedback
 - Relationship building skills



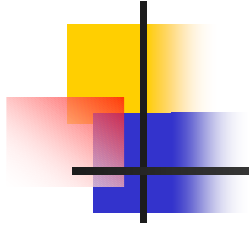
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- 3. To teach parents ways of developing abilities and potentials of their children – development of psychological attributes
 - EQ, AQ, Multiple Intelligence, Self Efficacy
 - Use of play, art work, games
 - Telling stories

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- 4. Fixing problems:
 - Study problems
 - Inattentive, unmotivated, unwilling to finish homework, learning difficulties, etc.
 - Non-compliance
 - Peer relationships
 - TV, internet & computer pre-occupation, dependency & addiction
 - Form One adjustment
 - Career
 - Others



Current Reflections: Risks

- Mechanistic, one-sided, focusing on skills in monitoring children
- Instrumental & utilitarian
 - Too much emphasis is placed on developing abilities & competence
 - Virtues & values inculcation are omitted
- Culturally & socially inappropriate



- Unreflective – values, ideologies & assumptions behind parenting training (domination, cultural imperialism, disempowerment)
 - Assumptions on understanding of nature of childhood, parent-child relationship, growth & development



What should we do?

- Promote a critical, reflective, equalitarian and dialogical spirit in parent education.
- Affirm that every parent is an expert to his/her children, therefore have all the strength and drawback of being an expert.
- We need to share as parents & experts.



What do you think?

- Thank you for your patience!